

Intro to the PUMP for Nursing Mothers Act Webinar: Additional Resources

Have questions about workplace issues related to pregnancy, breastfeeding or caregiving responsibilities? The Center for WorkLife Law’s free legal helpline provides information to employees and their attorneys. Available in English and Spanish, with other languages upon request. hotline@worklifelaw.org | (415) 703-8276 (leave a message)

Resources for more information on PUMP and PWFA:

- [PUMP Act Overview Explainer](#)
- [Map and guide to legal rights to pump at work in every state](#)
- [WHD Fact Sheet #73: FLSA Protections for Employees to Pump Breast Milk at Work](#)
- [Department of Labor WHD poster including the PUMP Act](#)
- [Department of Labor WHD FAQ on the PUMP Act](#)
- [Department of Labor WHD Field Assistance Bulletin on the PUMP Act](#)
- [Text of the PUMP Act](#)
- [Text of the Pregnant Workers Fairness Act](#)
- [NELA, ACLU, WorkLife Law Webinar: An Introduction to the Pregnant Workers Fairness Act \(March 14, 2023\)](#)
- Guide for employees, [“Talking to your Boss About Your PUMP” \(Español\)](#)

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